

Science

1) Lava lamp

- Ease: 1 (1=easy, 5=hard)
- Mess:1 (1=clean, 5= messy)
- Ingredients:
 - Glass vase
 - Water
 - Vegetable oil
 - Food coloring
 - Alka-Seltzer
 - Sequins/ glitter (optional)
 - Glow sticks (optional)
- Instructions:
 - a) Fill about 5/8 of the empty vase with water
 - b) Pour approx. 1 cup of oil on top
 - c) Add sequins/glitter (optional)
 - d) Add 7 drops food coloring. Wait until it hits the water underneath the oil.
 - e) Break Alka-Seltzer tablets in half. Drop the half tablet in the vase.
 - f) Watch the lava bubbles rise!
 - g) Place glow sticks in the vase (optional).